



**COBI REHAB**<sup>®</sup>  
The Positioning Company

# Cobi Positioning Cushions

For specific positioning needs

## Ideally used for

- Bariatric users.
- Paresis.
- Sclerosis patients.
- Brain damage.
- Dementia.
- Neurological patients.
- Pain patients.
- Palliative care.
- Agitated patients.

## User manual



## CAUTION

**This product should not be used without proper instruction from a healthcare professional.**

**Using the product for individuals weighing more than the maximum weight-bearing capacity may pose a risk for damaging the product.**

**Cobi Rehab assumes no responsibility for any damage or injury caused by improper installation, assembly or use of this product.**

**If components are damaged or missing, contact Cobi Rehab immediately. Do NOT use substitute parts.**

**Cobi Rehab cannot be held liable for faults or accidents occurring after repairs by service staff without written authorisation from Cobi Rehab.**

** To ensure proper use of the Cobi Positioning Cushions, please read these instructions thoroughly before using the product. In doing so, pay particular attention to the warning notes marked with .**

**Also remember that in order to prevent the risk of injury to the user, the cushion may be operated only by trained caregivers or aides or by individuals who have been instructed in its proper use.**

## Use

The cushions are suitable for many patient groups and particularly suitable for positioning users with i.a. paresis, sclerosis, and brain damage, neurological patients and seriously ill patients, to whom few and even small movements may trigger pain. Common to these patient groups is the fact that the majority are at high risk of developing tissue damage and pressure ulcers.

The cushions promote and ensure optimum positioning in the bed in a simple and efficient manner. The flexible composition of the material makes allowance for all types of positioning without increasing the risk of pressure and shear.

In addition to being able to relieve pressure and increase pressure distribution, the cushions are particularly suitable for reducing spasticity as well as providing tactile stimulus, which is most relevant in cases of i.a. dementia. The user experiences that his or her body is cocooned, which often has a calming effect and increases comfort.

## Description

Cobi Positioning Cushions make up a series of positioning cushions providing a multitude of flexible solutions. Each cushion may be used to provide solutions in various positioning issues, depending on the actual needs of the individual. The cushions have been developed and manufactured based on general positioning principles and in collaboration with special units dealing with neurologically injured patients and demented patients. The focus has been on the quality of the material being able to retain its shape to provide stability as well as a substantial support surface and pressure distribution.

Cobi Positioning Cushions are universal with each one having multiple functions, which means that they have many applications and great flexibility. Their stability makes them easy to use and ensures a stable and convenient positioning.

### Heavy weight and anatomical design

In designing Cobi Positioning Cushions, we have focused on being able to position the cushions tightly and close to the user's body.

The cushions are heavy which means that they stay in place once positioned and support and provide stability to the position in which the user has been placed.

The cushions are airtight and filled with small Krøyer balls, granules and weighted, which ensures that the position is maintained, and the cushions do not change shape. Two types of covers are available, a hygiene cover and an extra soft jersey cover. The hygiene cover is made of an incredibly stretchy PU material, anti-bacterially sealed, which makes it extra resistant and impervious to bacteria and, thus, very hygienic in use. Moreover, the cover is breathable, stretchy and fire retardant.

The jersey cover, made of 100% organic cotton, is an extra soft, stretchy fabric which is stretchable.

## Before use

### Prevention of pressure sores

The following illustrations show how the positioning cushions may be used to prevent pressure sores on various parts of the body.

**Direct contact with the exposed area of skin poses no risk to the user.**

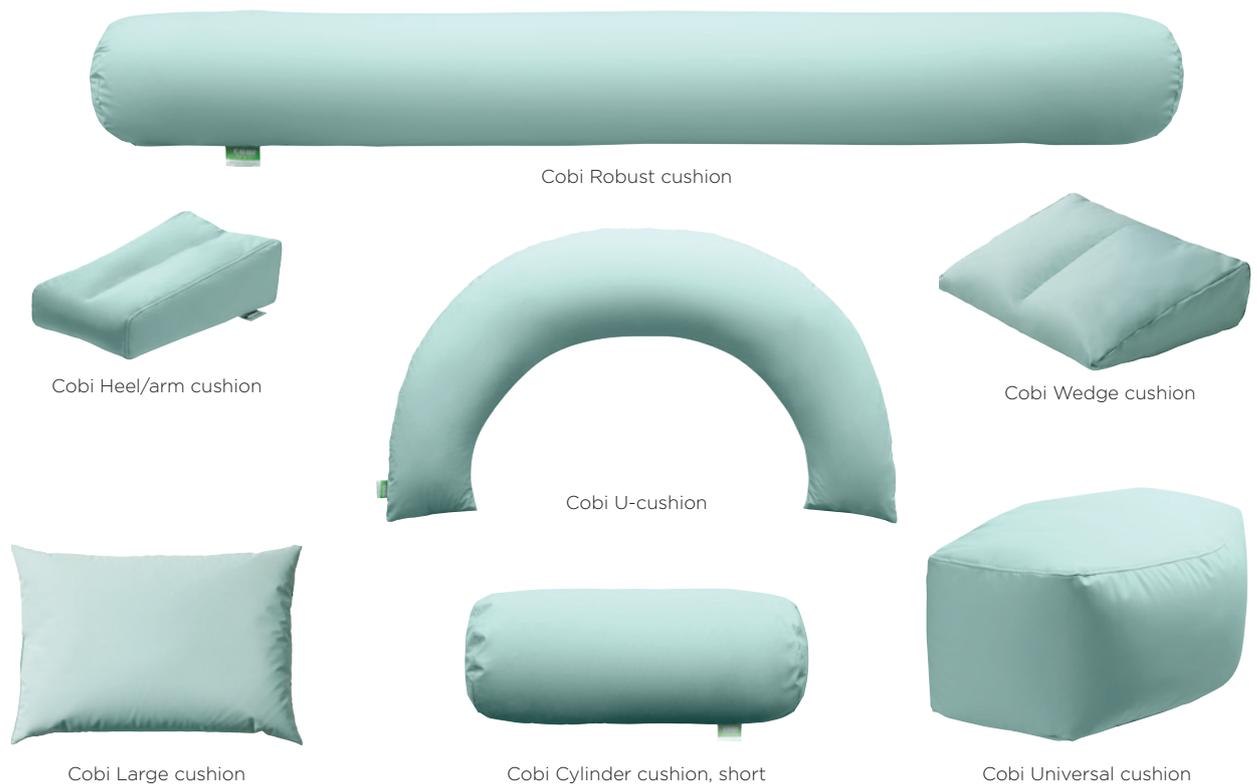
Cobi Rehab positioning cushions may be used in many contexts and in many different positioning situations. Here follows general suggestions for use of the position cushions.

## During use

The cushions may be used with or without cover in the interests of comfort.

 Examine the positioning cushions regularly to ensure that they are not damaged or defective.

# Cobi Positioning Cushions



## Cobi Robust cushion

This cylinder cushion is 200 cm long and 28 cm wide with heavy weight, making the cushion especially suitable for tight positioning like Semi-Fowler positioning, or 135° sideways / partial prone position. The cushion can also be used advantageously for agitated patients who need increased tactile stimuli and proprioceptive body delimitation.

## Cobi Heel/arm cushion

The cushion is used to elevate the heel from the mattress in connection with treatment of pressure ulcers. The cushion can also be used where the entire lower leg is elevated to avoid edema formation.

In addition, the cushion can be used to support a hemiplegic arm or for users with reduced tonus.

## Cobi Wedge cushion

The wedge cushion is shaped like a triangular cushion and can be used for flexible purposes, such as stabilization both in front and back in sideways positioning to provide a firm hold. Using Cobi Wedge cushion in front of the body, the upper arm and shoulder provides good support. In a neutral position. In a supine position, Cobi Wedge cushion can be used to support the knee pit, the calves, and thighs.

## Cobi Universal cushion

This cushion is used to ensure hip abduction, and to reduce the risk of hip dislocation when a user is reversed from the back to side positioning. In addition, the cushion is especially suitable for supporting the arm / shoulder and for the prevention of edema formation.

## Cobi Large cushion

Cobi Large cushion can be used for back support when positioning in Semi-Fowler position. When used for positioning of the head to neutral neck position, the cushion gives incredibly good support and comfort and provides a good stable hold. When used under the calves in the back position, the cushion provides good pressure relief to heels and a stable hold.

## Cobi Cylinder cushion, short

Knee and knee pit cushion, which is indispensable when positioning in Semi-Fowler position and on flexion of the knee. The cushion can also be used for side positioning, providing stability to the knees.

## Cobi U-cushion

Useful for correction and supporting of bariatric “froglegs” in the seating position by creating thigh stability.

# Examples of use of Cobi Positioning Cushions



Cobi Large cushion and Cobi Robust cushion



Cobi Robust cushion



Cobi Heel/arm cushion



Cobi Universal cushion and Cobi Wedge cushion





Cobi Large cushion



Cobi Large cushion, Cobi Robust cushion and Cobi U-cushion



Cobi U-cushion

# Maintenance and cleaning

Day-to-day cleaning may be carried out using disinfectant and water together with a clean and dry cloth. Any disinfectant not containing carbolic acid may be used.

If stained by blood, urine or other bodily fluids, the positioning cushions may be disinfected using e.g. Virkon from Kebo-Med.

## Of the hygiene cover

Machine-washable at 60°C.

## Of the jersey cover

Machine-washable at 40°C.

## Of the cushions

- ⚠ Do not machine-wash nor dry-clean.
- ⚠ Do not iron.
- ⚠ Do not use scouring powder, solvents nor scoring or sharp objects directly on the cover.
- ⚠ Dry at low heat.
- ⚠ Do not tumble-dry.
- ⚠ Avoid cleaning agents containing chlorine (1 volume of chlorine to 200 volumes of water).
- ⚠ Carry out a visual inspection of the cushions up to several times every year to ensure that they are in good order. If a change is noted in the cushions or in the seams, the products must be removed and discarded.
- ⚠ Do not store the cushions in direct sunlight and do not subject them to high humidity.

# Specifications

Filling materials	3mm Krøyer balls of expanded polystyrene. Rubber granules to create density. PU foam that meets the ØKO-TEX® Standard 100. Distribution is customized in each type of cushion.
Cushion surface	Breathable and waterproof. Polyamide impregnated with PU and anti-bacterially treated
Hygiene cover	Breathable and waterproof. Polyamide impregnated with PU and anti-bacterially treated
Jersey cover	100% organic cotton
Cleaning	Both covers are washable. The cushions can be cleaned with ordinary detergents or can be disinfected.
ISO classification	ISO 18 12 15 - 09

# Warranty

Cobi Positioning Cushions are covered by one year warranty from the invoice date for materials and workmanship.

Products which have been used for purposes other than the intended uses; or which have been subject to negligence, abuse, improper storage or handling, improper operation, unauthorized modifications or damages beyond normal wear and tear as determined by Cobi Rehab, are not covered by this warranty.

Any unauthorized repairs to product / part, will void the warranty.



**MANUFACTURER  
AND DEALER**

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